

SPORTS NUTRITION EQUIPMENT LIST

3	Computer with CD/DVD ROM and Internet access. software should be Windows 2000 or higher
1	Printer, color
1	TV (19" or larger with safety belt)
1	VCR or DVD Player
1	LCD Projector or TV/Computer
1	Computer Scanner
1	Digital Camera
1	Camcorder
3	Computerized Infant Simulator
1	Overhead Projector
	Mat Cutter
1	Light Tracer/Light Box
1 per 2 students	Lap Board (18" x 24" smooth hardwood)
1	Mirror, Full Length
1	Dryer
1	Washing Machine
1	Water Heater
1	Vacuum Cleaner
1	Tool Repair Kit
2	Refrigerator/Freezer (Self defrosting with ice maker)
2	Microwave Oven
1	Dishwasher
1	Food Processor
1	Blender
1	Electronic Scale
1	Electric Knife
1 set	Thermometer: candy/frying, refrigerator, oven, meat
1	Coffee Pot, Electric
1	Broom/Mop/Mop Pail
1	Scale, Bath
1 per 6 students	Kitchen Unit-Each kitchen unit includes the following:
1	Cabinet Unit (Wall and base with sink)
1	Range (Self-cleaning, ventilated or non-vented based on local fire code)
1 set	Flatware including serving pieces (Quantity depends on student enrollment)
1 set	Glassware (Quantity depends on student enrollment)

- 1 set Dinnerware(Quantity depends on student enrollment)
- 1 set Cookware with Lids: 1 quart and 2 quart saucepan, fry pan, Dutch Oven/Stock Pot
- 1 set **Mixing/Measuring Equipment:** mixing bowls, sifter, dry measuring set, liquid measuring set, measuring spoon set rolling pin, pastry blender, portable mixer, stand mixer, funnel strainer, rubber spatula
- 1 set **Cutting Equipment:** cutting board, slicing knife, paring knife, chef knife, utility knife, kitchen shears, vegetable peeler, grater, pizza cutter, cookie cutter (assortment)
- 1 set **Microwave Cookware with Lids:** 1 quart and 2 quart casserole
- 1 set **Bakeware:** rectangular cake pan" x 13" x2", 2 round cake pans, square cake pan, loaf pan, muffin tin, pie pan, cookie sheet, jelly roll pan, pizza pan, springform pan, tube/bundt pan
- 1 set **Utensils:** Colander, can opener, cooking fork, pasta fork, slotted, solid, and wooden cooking spoon, metal spatula, metal tongs, wire whisk, vegetable brush, timer
- 1 set Storage Containers, Plastic
- 1 set Dish Drainer and Mat
- 1 Waste basket/Garbage can
- 1 set **Linens:** Tablecloth, placemats, pot holders, dish towels
- 1 Cake Decorating Kit
- 1 Garnish Kit
- 1 per 4 students Analytical Calculator

OPTIONAL EQUIPMENT

- 1 Demonstration Table
- 1 Double Oven S
- 1 per kitchen Ceramic Cooking Surface Range or CooktopS
- 1 Convection Oven
- 1 Toaster Oven
- 1 per kitchen Garbage Disposal
- 1 Trash Compactor
- 1 Slow Cooker
- 1 Bread Maker
- 1 Stand Mixer, Kitchen Aide
- 1 Ice Maker
- 1 Waffle Iron
- 1 Punch Bowl/Cups/Ladle
- 1 Pasta Maker
- 1 Digital Deep Fryer
- 1 Electric Griddle

1	Crepe Maker
1	Electric Knife Sharpener
1	Wok
1	Rotisserie Oven
1	Electronic Pressure Cooker
1	Serving Tray
1	Step Ladder
1	Utility Cart
1	Exercise Bike
1	Treadmill

Note: Computers and software should be upgraded to status quo with larger hard drive space, faster processors, DVD drives etc., as technology demands.

Fitness Machines

1	Star Trac Pro Upright Bike
1	Treadmill
1	Folding Treadmill
5 sets	Adjustable Ankle Weights
5 sets	Pressdown Rope with Rubber Ends
1	2-N-1 Sit-Up & Flat Bench
1	Multi-Purpose Bar
1	Olympic Power Bar Chrome
5 sets	Threaded Barbell
1	Wide Olympic Bench
5 sets	Heavy Wall Dumbbell Sleeves
5 sets	Regular EZ Curl Bar
5 sets	Solid Tricep Bar
5 sets	Sleeve Adaptor for Leg
5 sets	Regular Barbell Bar
3 sets	Weight Set w/Rolling R
3 sets	High Density Neo
3 sets	Leather Tricep Strap
2 sets	Abdominal Dual Toning Wheel
5 sets	Anti-Gravity Boots
1	Rebound Air Stabilizing Bar
5 sets	Power Jump Rope
1	Non-Folding Trampoline
1	Inversion Swing
5 sets	The Total Hand Strengthening-System-Medium/Hard